Rhythm of the Day – Rowley Owls (30 Hours)	
Morning	**Activity**
8.30am —9.00am **(30 mins)**	**Children arrive to 'family group' area.** **Self- register** **Welcome- counting** **Phonics/maths**
9.00am - 9.10am **(10 mins)**	**'Music & Movement'**
9.10 am- 9.30am **(20 mins)**	**Curriculum focus learning**
9.30am -10.15am **(45 mins)** **10.15am -11.00am** **(45 mins)**	**Snowy, Tawny Owls outdoor learning** **Barn Owls, Grey Owls indoor learning** **Barn Owls, Grey owls outdoor learning** **Snowy, Tawny Owls indoor learning**
11.15am - 11.45am **(30 mins)** **11.45am - 12.30pm** **(45 mins)**	**Yoga/ mindfulness** **Wash hands for lunch** **Lunch time**
Afternoon	**Activity**
12.30pm - 1.00pm **(30 mins)**	**Tooth brushing** **'Book time'**
1.00pm - 1.10pm **(10 mins)**	**'Music & movement'**
1.10pm - 1.30pm **(20 mins)** **1.30pm - 2.15pm** **(45 mins)** **2.30pm - 3.15pm** **(45mins)**	**'Tai chi' Outdoors** **'Project'** **Outdoor learning**
3.15pm - 3.30pm **(15 mins)**	**Family group time** **Home time**