Rhythm of the Day – Rowley Robins		
Morning	**Activity**	**Afternoon**
8:30am —8:50am **(20 mins)**	**Arrival and Brain Gym** Children arrive and go to family areas and take part in 'Funky Monkey Brain gym'	12:30pm—12:50pm **(20 mins)**
8:50am – 9:10am **(20 mins)**	**Family group time** • 'Hello song' • Early Phonics activity	12:50pm – 1:10pm **(20 mins)**
9:10am – 10:00am **(50 mins)**	**Child initiated learning - Outside**	1:10pm – 2:00pm **(50 mins)**
10:00am – 10:15am **(15 mins)**	**Family snack time**	2:00pm – 2:15pm **(15 mins)**
10:15am – 11:05am **(50 mins)**	**Child initiated learning - Inside**	2:15pm – 3:05pm **(50 mins)**
11:05am – 11:30am **(25 mins)**	**Family Group time** • Story or singing • Hometime	3:05pm – 3:30pm **(25 mins)**