



Bereavement Support Overview



“Bereaved parents never forget the understanding, respect, and genuine warmth they received from caregivers, which can become as lasting and important as any other memories of their lost pregnancy or their baby’s brief life.”

Leon IG. Perinatal loss: A critique of current hospital practices. Clin Pediatr. 1992; 31:366–74.

Objectives

Introduction to **The Lullaby Trust**

Who we can support

What our support looks like

Making referrals

Signposting



Who we are...



OUR YEAR in numbers

171,395

leaflets on safer sleep advice were sent out to parents, carers and professionals working with families

2,566
& 540

families
professionals contacted us for information on safer sleep

55

bereaved families were allocated a Befriender to offer peer-to-peer support during the year

885

bereaved families contacted us for direct support

458

professionals contacted us for support on behalf of a family they are working with



Over

4 mil

people reached on social media during Safer Sleep Week



Over

3.4 mil

page views on our website



1,272

professionals provided with safer sleep training



Over

19.5 mil

social media impressions



Sudden and Unexpected Death

Babies and young children (3-4)

Neonatal death

Accidental or Known Cause

Illness/Infection

SIDS - Sudden Infant Death Syndrome

SUDI/SUDC



Publications for bereaved families



When a child dies: A guide for parents and carers



- **NHS England booklet for families that describes the Child Death Review process.**

www.lullabytrust.org.uk/wp-content/uploads/parent-leaflet-child-death-review

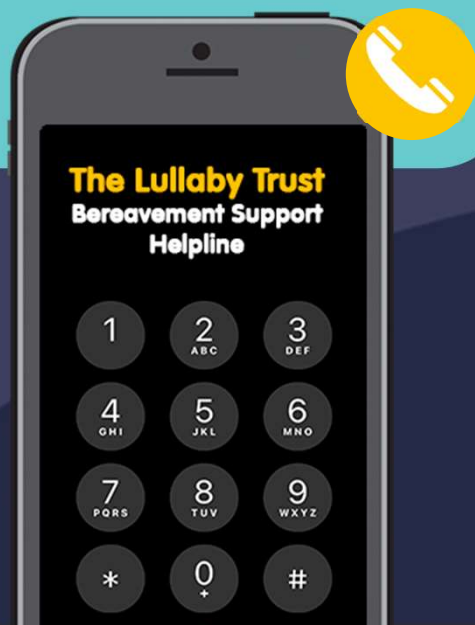
Bereavement support

Telephone and
email support

0808 802 6868

Free to call
Personally answered
365 days a year

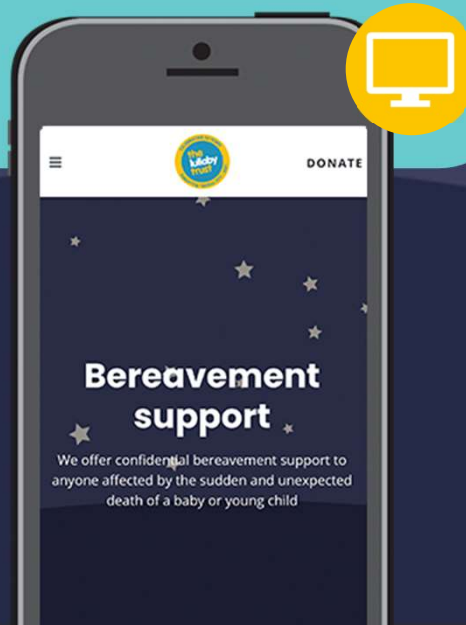
support@lullabytrust.org.uk



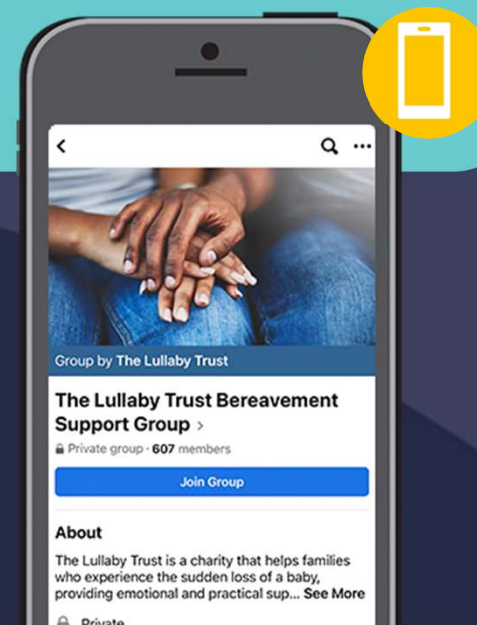
Information and
advice on our website

www.lullabytrust.org.uk

Downloadable for free



Private Facebook
Bereavement
Support Group



Helpline

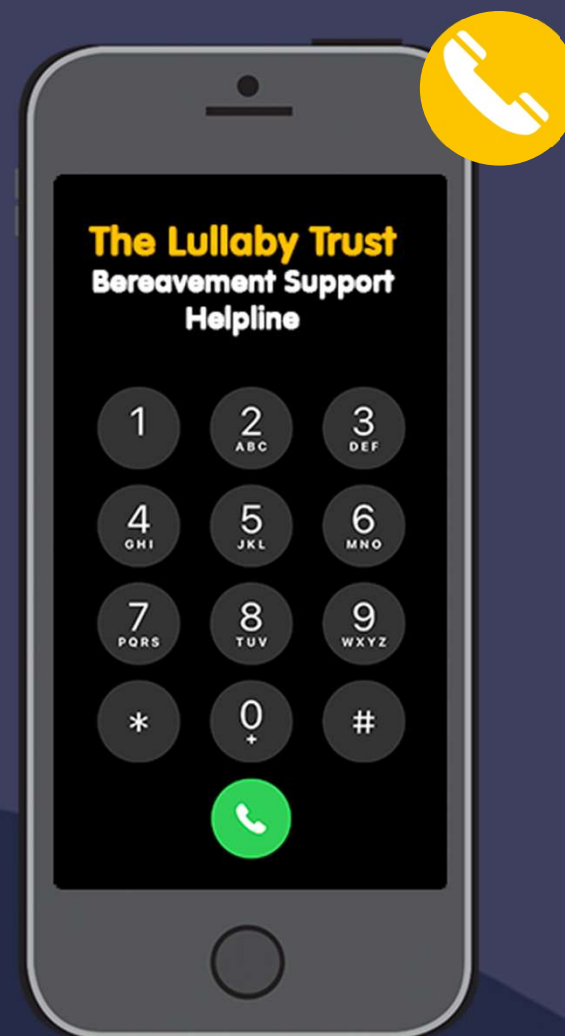
Opening Times

Monday - Friday
10am TO 2pm

Weekends & Public Holidays
6pm to 10pm

0808 802 6868

Calls received from bereaved
family members and professionals.



What have we learnt from families?

The **lived experience** of the supporter feels important.

All families are **individuals** and **react differently to their bereavement**.

Reminders about our support is helpful.



Bereavement support

Befrienders

- Offer **peer-to-peer** support
- All **bereaved adult family members**
- Lullaby Trust **links people together**





“ Especially in those first couple of weeks: When I felt so isolated, and felt like nobody really understood the pain that I was experiencing. Being able to speak to someone who really understood was just invaluable. I honestly cannot thank The Lullaby trust enough, for providing this service.”



Regional Family Day Events

Free regional events

- Held at **fun** family friendly locations.
- **Supportive:** meet TLT team & befrienders.
- Meet and talk with **other Bereaved families.**





“Thank you so much!!! As a family we struggle to go on days out due to the high cost. This was a lovely way to remember [our baby], cry, and laugh. It was amazing and we thank you for your support.”

Care of Next Infant CONI



A service for bereaved parents in liaison with **some** local health care providers.

Through CONI parents may:

- Receive regular contact from their health visitor.
- Receive a Suza movement monitors.
- Receive Life support training.
- Use a symptom diary
- Use the Baby Check App.
- Use a more detailed weight chart
- Receive a 'passport' to be seen by their GP or Hospital.
- Receive a room thermometer & guidance on baby bedding a clothing.



Email: coni@lullabytrust.org.uk to check availability in your area.



“Following the death of Joe, when I fell pregnant with Alfie I was obviously delighted, but extreamly anxious. The CONI programme was a tremendous support I couldn’t have coped without it.”

Next steps..

1. Share our support information with relevant families.

<https://www.lullabytrust.org.uk/product-category/bereavement-resources/>

2. Seek **consent** to share the family's details with the support team.
3. A bereavement pack will be sent directly to the family.
4. Consolidation of support: 3 months, 6 months, and 12 months.
5. Invitations will be sent to our **Free Regional Family Day events**.



Signpost to further help



Other sources of support

Twins Trust

twinstrust.org/bereavement/support.html

Bliss

www.bliss.org.uk/

Winston's Wish Helpline

www.winstonswish.org.uk

Child Bereavement UK

childbereavementuk.org

Sands

www.sands.org.uk

The Miscarriage Association

www.miscarriageassociation.org.uk



Thank you





Any questions?